#### Table 20D 2002 Pregnancy Nutrition Surveillance (1) Nation

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Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)				
		Under- weight		Over- weight		< Ideal	: Ideal > Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
White, Not Hispanic	2002 2001 2000	330,578 334,613 326,763	15.1 15.6 16.1	40.3 39.7 38.7	283,276 284,413 277,756	22.8 23.1 23.3	33.9 33.6 33.5	48,677 47,298 48,052	24.9 24.7 24.3	275,055 282,932 287,217	27.6 27.5 27.8
Black, Not Hispanic	2002 2001 2000	161,808 165,886 165,650	10.2 10.6 11.0	48.9 48.1 47.0	135,070 135,289 129,986	28.5 28.7 29.1	26.8 27.0 27.1	26,664 25,215 27,388	45.4 43.4 44.0	118,633 122,168 127,572	51.7 50.9 51.1

<sup>(1)</sup> Reporting period is January 1 through December 31.



<sup>(2)</sup> Excludes data with errors.

<sup>(3)</sup> Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

<sup>(4)</sup> Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

<sup>(5)</sup> Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

<sup>\*</sup> Percentages are not calculated if <100 records are available for analysis after exclusions.

## Table 20D 2002 Pregnancy Nutrition Surveillance (1)

Nation

Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
			Under- weight	Over- weight		< Ideal	> Ideal	3rd Trii	mester	Postp	artum
		Number	%	%	Number	%	%	Number	%	Number	%
Hispanic	2002 2001 2000	132,292 126,919 113,113	8.5 8.9 9.3	40.2 39.1 38.5	111,768 103,601 88,882	29.4 28.7 29.1	28.0 28.5 28.5	19,354 17,309 17,852	25.8 24.2 23.8	98,835 94,828 89,670	36.4 36.8 36.5
American Indian/Alaskan Native	2002 2001 2000	7,911 7,328 6,780	8.5 8.5 9.2	53.4 51.6 53.5	5,723 5,479 4,839	26.2 27.5 28.6	28.5 27.7 25.7	1,318 1,242 1,156	28.8 25.9 28.0	6,497 6,138 5,905	35.4 34.8 38.7

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### Table 20D 2002 Pregnancy Nutrition Surveillance (1)

Nation
Summary of Trends in Maternal Health Indicators by Race/Ethnicity

**Summary of Trends in Maternal Health Indicators by Race/Ethnicity** Prepregnancy BMI Weight Gain Anemia Race/Ethnicity and Year (Low Hb/Hct) (3)(4) (5) > Ideal 3rd Trimester Under-Over-< Ideal Postpartum weight weight Number % % Number % % Number % Number % Asian/Pacific Islander 2002 18,419 21.3 27.1 15,938 27.8 28.9 2,838 25.3 13,514 35.7 18,300 21.3 27.3 15,441 29.0 3.003 13,048 34.0 2001 28.3 24.0 2000 17,653 22.5 26.3 14,653 30.7 26.5 3,104 23.6 14,211 33.0 All Other/Unknown 2002 7.412 13.0 37.3 6.291 26.5 29.8 1.220 28.5 6.197 33.7 2001 7,722 12.5 38.4 6,208 28.9 27.7 1,325 28.2 5,217 34.7 2000 6,130 14.1 34.3 4.936 25.3 30.2 1,036 25.9 4,931 38.8

- (1) Reporting period is January 1 through December 31.
- (2) Excludes data with errors.
- (3) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).
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### Summary of Trends in Maternal Health Indicators by Race/Ethnicity

Summary of Trends in Maternal Health Indicators by Race/Ethnicity (2)											
Race/Ethnicity and Year		Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
		Under- weight		Over- weight	< Ideal > Ideal		> Ideal	3rd Trimester		Postpartum	
		Number	%	%	Number	%	%	Number	%	Number	%
Total All Race/Ethnic Groups	2002 2001 2000	658,420 660,768 636,089	12.7 13.1 13.7	42.2 41.4 40.6	558,066 550,431 521,052	25.7 25.8 26.0	30.8 30.7 30.7	100,071 95,392 98,588	30.6 29.6 29.7	518,731 524,331 529,506	35.1 35.0 35.3



<sup>(1)</sup> Reporting period is January 1 through December 31.

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